



Captiva Island, Florida  
472-3337

## LUNCH

### Appetizers

Oysters on the Half Shell	..... 1/2 Doz 4.95.....Doz 9.95
Oysters Rockefeller	.....6.95
Smoked Salmon	.....6.95
Fried Cheese Sticks, served with marinara sauce	.....4.95
Fried Calamari, served with marinara sauce	.....5.95
Fried Jalapeño - stuffed with cream cheese & salsa	.....4.95

### Soups & Salads

Shrimp Bisque	.....Cup 3.50.....Bowl 5.50
Conch Chowder - Manhattan Style	.....Cup 3.50.....Bowl 5.50
Garden Salad - mixed garden greens with house dressing	.....4.95
Caesar Salad	.....5.50
Grilled Chicken Caesar Salad - with garlic bread	.....7.95
Grilled Tuna Caesar Salad - with garlic bread	.....8.95
Chicken Salad - with fresh seasonal fruits & cottage cheese	.....8.95
Shrimp Salad - with fresh seasonal fruits & cottage cheese	.....9.95

## DINNER

### Soups & Salads

Shrimp Bisque	.....Cup 3.50.....Bowl 5.50
Conch Chowder - Manhattan Style	.....Cup 3.50.....Bowl 5.50
Garden Salad	.....with entree 2.95.....a la carte 4.95
(Choice of Creamy Herb Vinaigrette, Balsamic Vinaigrette, Ranch or Bleu Cheese)	
Caesar Salad	.....with entree 2.95.....a la carte 5.50

### Appetizers

Oysters on the Half Shell	..... 1/2 Doz 4.95.....Doz 9.95
Oysters Rockefeller	.....6.95
Escargots Bourignion served in a garlic herb butter	.....7.50
BBQ Shrimp & Bacon	.....4.95
Smoked Salmon	.....7.50
Toasted Artichoke Hearts	.....5.50
Shrimp Cocktail	.....7.95
Stone Crab Claws - in season only (October-April)	.....Market Price
Fried Calamari - served with marinara sauce	.....5.95
Fried Jalapeño - stuffed with cream cheese & salsa	.....4.95
Fried Cheese Sticks	.....4.95

### Desserts

Keylime Pie homemade, with a consistency of a light sherbert	.....3.95
Chocolate Mousse - with ice cream & raspberry sauce	.....5.50
Cheese Cake	.....3.95
Chocolate Suicide Cake	.....4.50
Raspberry Creme Brulée	.....4.50
Ice Cream - vanilla or chocolate	.....2.50
Rainbow Sherbet	.....2.50
Tiramisu	.....4.50
Carrot Cake	.....4.95
Apple Crumb Cake	.....4.50

### Children's Menu

Hamburger - with french fries	.....5.95
Cheeseburger - with french fries	.....5.95
Chicken Fingers - with french fries	.....5.95
Grouper Fingers - with french fries	.....7.95
Golden Fried Shrimp - with french fries	.....5.95
Pasta Marinara	.....4.95

Dear Friends:

Welcome to the Green Flash, Captiva Island's newest waterfront restaurant. Purchased in 1994 from the Wiles family, the Green Flash was built on the site of the historic Timmy's Nook. In 1950, T.M. Wiles, henceforth known as Timmy, opened the local watering hole. "The Nook" as it became known, was a renowned gathering place frequented by natives and tourists alike, and is legendary as a Captiva landmark. For over 40 years, Timmy's Nook graced the property where the Green Flash now stands. We at the Green Flash restaurant would like to keep the heritage of Captiva Island and Timmy's Nook alive.

Situated on the waters of Roosevelt Channel, our restaurant overlooks the Intracoastal Waterway, the tranquil waters of Pine Island Sound, and the pristine beauty of Buck Key. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. So come and enjoy our picturesque view, watch the otters cavort and fantasize about the elusive green flash while our distinguished chefs prepare your culinary delight!

Bon Appetite!  
Andreas Bieri, owner

Open Daily • 1/2 mile south of Andy Rosse Lane, Captiva  
• Waterfront Dining By Boat or By Car •

### Entrees

Grilled Salmon - with fresh seasonal fruit & cottage cheese	.....9.95
Timmy's Nook Hamburger - with potato chips (with cheese add .55)	.....5.95
Shrimp Quesadillas - with salsa and sour cream	.....6.95
Chicken Quesadillas - with salsa and sour cream	.....6.95
Steamed Shrimp - 9 oz., peel-n-eat, with french fries & cole slaw	.....7.95
BBQ Shrimp & Bacon - with french fries & cole slaw	.....9.95
Fried Mahi-Mahi Sandwich - with potato chips & cole slaw	.....7.95
Crunchy Grouper Sandwich - with french fries & cole slaw	.....Market Price
Buffalo Chicken Wings - with bleu cheese & celery sticks	.....6.95
Green Flash Sandwich - focaccia bread brushed with basil butter, layered with Monterey & Swiss cheese, tomato, prosciutto & smoked turkey breast, with potato chips & cole slaw	.....7.50
Green Flash Veggie Sandwich - focaccia bread brushed with basil butter, layered with Monterey & Swiss cheese, tomato, artichoke hearts, mushrooms and spinach, with potato chips & cole slaw	.....7.50
Grilled Chicken Sandwich - with potato chips & cole slaw	.....6.95
BBQ Chicken Sandwich - with potato chips & cole slaw	.....6.95
Fried Clams - with french fries	.....5.95
Fried Shrimp - with french fries	.....7.95
Fresh Fish of the Day	.....Market Price

### Entrees

Fettuccine Alfredo	.....13.95
with shrimp or chicken	.....add 3.50
Pasta Marinara	.....12.95
Chicken Porzini - sauteed chicken breast topped with wild mushroom sauce	.....15.95
Shrimp Scampi	.....17.95
Shrimp in Beer Batter	.....15.95
BBQ Shrimp and Bacon	.....16.95
Seafood Sampler - fresh fish fillet, fried scallops, oyster Rockefeller, BBQ shrimp & bacon, steamed shrimp	.....18.95
with 7 oz. lobster tail (in season)	.....29.95
Coconut Shrimp	.....16.95
Captiva Steam Pot - clams, mussels, calamari, shrimp & scallops steamed in a tomato garlic broth	.....23.95
with 1/2 Maine lobster (in season)	.....29.95
Steamed Shrimp - 12 oz., peel-n-eat	.....15.95
Fruit de Mer - our house specialty assortment of fresh fish, scallops & shrimp, lightly sauteed and topped with dill and bearnaise sauce	.....18.95
Scallops au Gratin - sea scallops baked in marsala wine, garlic butter & cheese	.....17.95
Fried Sea Scallops	.....16.95
Salmon Cakes	.....16.95
Crunchy Grouper lightly dusted in corn flakes and fried golden brown	.....15.95
Grilled Tuna - garlic butter	.....17.95
Bronzed Mahi-Mahi - with a fresh fruit salsa	.....16.95
Grilled Salmon - garlic butter	.....17.95
Grilled Swordfish - garlic butter	.....18.95
Grouper "Cafe de Paris" - our house specialty	.....18.95
Grilled Florida Lobster Tail - 10 oz.	.....Market Price
New York Steak - 12 oz., with bearnaise sauce	.....18.95
Filet Mignon - 8 oz., with green pepper demi glace	.....21.95
Veal Zurich - veal scallopini sauteed in butter, shallots, mushrooms, white wine, cream & lemon, served with homemade Spatzli	.....16.95
Pork Tenderloin "Wellington" - filet of pork wrapped in prosciutto ham, leaf spinach & puff pastry	.....17.95
Stone Crab Claws - in season only (October-April)	.....Market Price
Surf and Turf - 7 oz. lobster tail & 6 oz. filet mignon	.....29.95

Above entrees served with home baked bread, fresh vegetable & choice of french fries, rice or potato au grain

All major credit cards welcome • Prices subject to change

For the safety of all, please keep children seated at all times • 16% gratuity will be added to parties of 6 or more