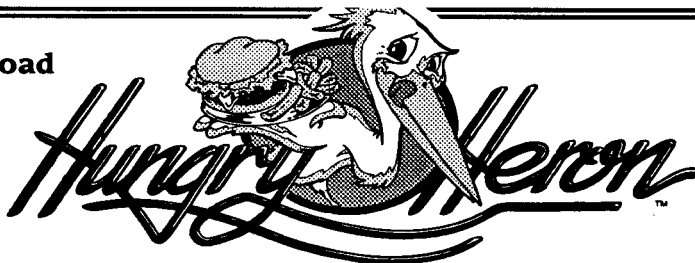


2330 Palm Ridge Road
Sanibel
395-2300

This is just
a sample of our
255 item menu



Open Daily
Mon-Fri 8 am.-9 pm.
Sat & Sun 7:30 am.-9 pm.

Breakfast Buffet
Sat 7:30 am.- 11 am.
Sun 7:30 am.- Noon

Soup's On!!

- 3) Tropical Bouillabaisse \$4.95
- Potato Heads
- 6) Sweet Potato Fries \$2.99
- 7) Key West Potato Panchos \$2.99

Fun Foods N' Appeteezers

- 10) Heron's Onion Basket \$3.99
- 11) Baked Beach Bread. \$3.99
- 12) "World Famous" Fried Calamari \$5.95
- 19) Conch Fritters \$4.95
- 21) Buffalo Shrimp \$7.95
- 22) Shrimp Scampi Teaser \$7.95
- 25) Fried Green Tomatoes \$4.95

South of the Border

- 39) Crazy Seafood Quesadilla \$7.95
- 40) Southwest Steak Quesadilla \$8.95

"Crisp 'n Cool Salad Lovers"

- 42) Soup 'n Salad \$5.95
- 45) Caesar \$6.95
- With Chicken \$7.95
- With Shrimp \$9.95
- With Steak \$8.95
- With Fresh Grouper \$9.95
- With Fresh Mahi Mahi \$9.95
- With Fresh Tuna \$9.95
- With Chicken & Shrimp & Steak Combo \$10.95
- With Chicken & Shrimp Combo \$9.95
- Blackened add \$1.00

- 50) Sanibel Salad \$8.95
- 51) Shrimp Louie Louie Salad. \$9.95
- 53) Zorba the Greek \$7.95
- 59) Surf's Up Salad \$8.95

CHOOSE THE FISH

- Florida Grouper •Mahi Mahi •Yellow Fin Tuna •Florida Red Snapper •Atlantic Salmon •Florida Yellowtail Snapper •Florida Pompano
- Now Choose your favorite seasoning
- Honey Mustard • Lemon Garlic • Lemon Pepper • Teriyaki • Blackened
- add \$1.00

"Seawiches"

- 62) Half Sandwich and Crock of Soup \$5.95
- with crab salad \$6.95
- with shrimp salad \$6.95
- 64) Shrimper's Choice \$7.95
- 76) Gooseneck Liverwurst \$7.95
- 79) Crabby BLT \$7.95
- 80) Sorry Charlie. \$6.95
- 81) Braggy Crabby \$7.95

"Deli Do-it"

- 88) Classic Corned Beef \$5.95
- 90) Pastrami Paradise \$5.95
- 93) What's Your Beef \$6.95
- 97) San-Cap Club \$8.95
- 98) Sanibel Sky Scraper \$8.95
- 99) Dagwood \$9.95
- 100) Oh' The Works! \$9.95

"A Warm Greeting"

- 102) The Rueben. \$7.95
- 104) Grouper Rueben \$8.95
- 110) Crunchy Chicken Sandwich \$6.95
- 114) Shrimp Po' Boy \$7.95
- 117) Fried Oyster Sandwich \$8.95
- 118) Crunchy Grouper Sandwich \$8.95
- 119) Grouper Pattie Melt \$8.95

- 121) Fishwich - Our tasty catch of the day
- Yellowfin Tuna • Florida Grouper • Mahi Mahi
- Fresh Catch • Florida Yellowtail Snapper
- Florida Pompano
- add \$8.95

Choose your favorite seasoning
Blackened • Lemon pepper • Lemon Garlic •
Honey Mustard Glaze • Teriyaki add \$1.00

- 122) Crab Trap Our homemade crabcake \$8.95
- 123) Portabella Mushroom Sandwich \$7.95

"Wrap Sandwiches!!!"

- 126) Chicken Caesar Wrap \$7.95
- 131) Big Blue Wrap \$7.95



"Heron's Baskets"

Served with fresh Corn on the Cob and Boardwalk style Fries

- 149) Assorted Gulf Seafood 'n Chips \$12.95
- 150) Ship and Shore 'n Chips \$12.95

Gourmet Burgers

- 139) Lazy Daze Burger \$6.95
- 140) California Dreamer \$6.95
- 141) The Original Gardenburger \$5.95
- or with blackbean sauce and topped with cheddar jack cheese add \$1.00

"Home 'n Hearty"

- 151) Hot Hearty Homemade Combo \$9.95
- 157) Gertrude Ford's Chicken Fried Chicken \$11.95
- 158) Farmer's Market Basket \$8.95

"In The Skillet" - Stir Fry

- 159) Veggie Stir Fry \$8.95
- with chicken \$11.95
- with scallops \$13.95
- with shrimp \$13.95
- 161) Smoking Sizzling Fajitas \$13.95
- 164) Pepper Steak \$13.95

Seafood Selections

- 167) Crunchy Grouper \$15.95
- 168) Sanibel Crab Cakes \$15.95
- 172) Jumbo Alaskan King Crab Legs
- Subject to Availability - Market Price - 1 LB • 1 1/2 • 2 LB
- 173) Alaskan Snow Crab Legs \$18.95
- 174) Hungry Heron Platter \$15.95
- 175) Sanibel Sailor Platter \$17.95
- 176) Mariner's Bounty \$16.95
- 177) Captain Captiva \$18.95

165) Hungry Heron's "Here Fishy Fishy" Taste Florida Seafood Mania

All the fishes are fresh caught in Florida waters delivered daily and filleted in our kitchen. Please feel free to create your own fishy plate. Choose 1-2-3-4 different fishes-Try them all!

- 1 Fishy (full portion) ... \$14.95
- 2 Fishy (2 half portions) ... \$16.95
- 3 Fishy (3 half portions) ... \$17.95
- 4 Fishy (4 half portions) ... \$22.95

- Florida Grouper • Florida Pompano
- Florida Red Snapper • Florida Yellowtail Snapper
- Mahi Mahi • Yellowfin Tuna
- Atlantic Salmon • Fresh Daily Catch

All served with Beachwalker Salad and Corn On The Cob. Your selection can be sautéed, broiled, open flame wood burning grilled, or lightly fried.

add your favorite seasoning . . . \$1.00 Honey Mustard • Lemon Pepper • Lemon Garlic • Teriyaki • Blackened

"Shrimp Sensations"

- 178) Gulf Shrimp Pot \$16.95
- 181) Stuffed Shrimp with a Tasty Crabmeat Stuffing \$16.95
- 183) Bar-B-Que Honey Shrimp \$15.95

"Olde Floridian Steampots"

- 187) Rajun Cajun Pot \$17.95
- 190) The Steampot 2 \$18.95

Heron's Grille Specialties

- 192) Side of Beef \$18.95
- 193) Filet Mignon \$16.95
- 194) N.Y. Strip \$17.95

195) Heron's Surf 'N Turf - Petite Filet Mignon - you choose your partner...

- Baked Stuffed Shrimp • Florida Grouper
- Broiled Shrimp 'N Scallops
- Alaskan Snow Crab Legs \$19.95

The Rib and I

- 197) Gourmet Danish Baby Back Ribs \$12.95

Chicken Little

- 199) Flame-Broiled Chicken \$11.95
- Or we flavor it 3 different ways
- Blackened add \$1.00
- BBQ'd add \$1.00
- Grilled Island Style Teriyaki add \$1.00

"Pasta Bilities"

- 205) Fresh Vegetable Penne \$10.95
- 209) Italian Fisherman \$17.95
- 211) Tri-color cheese Tortellini with Shrimp 'n Chicken \$14.95
- 213) Seafood Medley \$17.95
- 214) Bob and Mary Mitchell's Seafood Picatta \$17.95

"Consider the Kids"

- 215) Burger Basket 2.99
- with cheese add 50¢
- 219) Lil' Pup. 2.99
- 225) Cheese Pizza Pizza 3.99
- 226) Oh' Spaghetti. 3.99
- 227) Chicken Tenders 3.99
- 233) Pepperoni Pizza 4.99
- 236) Shrimp 'n Chips 4.99
- 238) Pop Corn Shrimp 4.99
- 239) Pizza Steak 4.99
- 245) Steak Dinner with fries 5.99
- 248) Bar B Que Ribs 5.99
- 251) Baked Ziti 5.99

37 Kid Items